

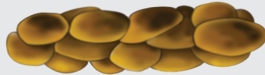
# Bristol Stool Form Scale

**Type 1**



**Separate hard lumps, like nuts**

**Type 2**



**Sausage-shaped but lumpy**

**Type 3**



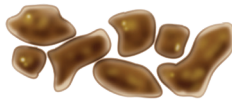
**Like a sausage but with cracks on its surface**

**Type 4**



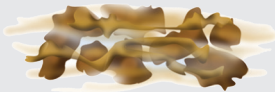
**Like a sausage or snake, smooth and soft**

**Type 5**



**Soft blobs with clear-cut edges**

**Type 6**



**Fluffy pieces with ragged edges, a mushy stool**

**Type 7**



**Watery, no solid pieces**

**Constipated stool - Types 1 or 2**

**Diarrheal stool - Types 6 or 7**

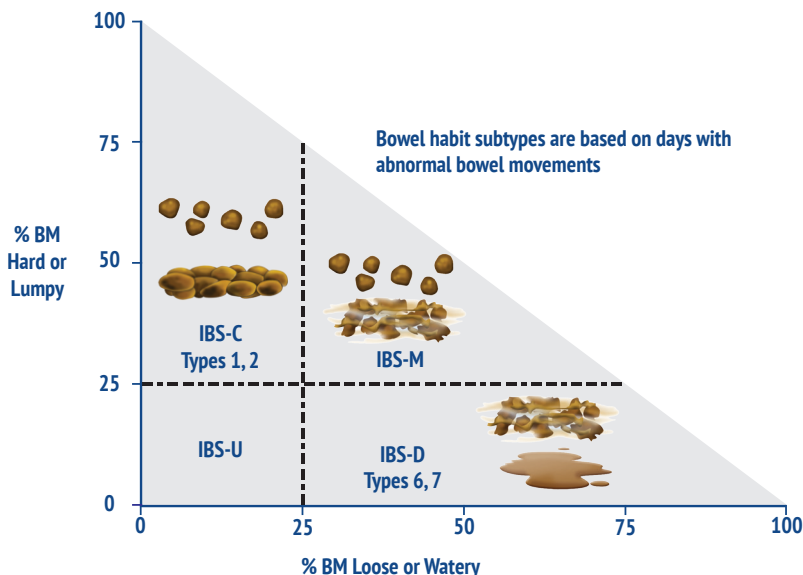
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# Rome IV Criteria for Irritable Bowel Syndrome

Recurrent abdominal pain on average at least 1 day/week in the last 3 months, associated with two or more of the following criteria:

- Related to defecation
- Associated with a change in frequency of stool
- Associated with a change in form (appearance) of stool

## Rome IV IBS Subtypes



IBS Subtypes are based on >25% of abnormal BM (types 1,2 or 6,7)

- IBS-C Types 1, 2 not 6, 7 >25%
  - IBS-D Types 6, 7 not 1, 2 >25%
  - IBS-M Types 1, 2 and 6, 7 >25%
  - IBS-U No Type >25%
- IBS-C: IBS with predominant constipation  
IBS-D: IBS with predominant diarrhea  
IBS-M: IBS with mixed bowel habits  
IBS-U: IBS unclassified