Handout 4.2 (PATIENT VERSION)

Recommended resources for individuals living with a gastrointestinal stoma

- ✓ Colostomy UK: www.colostomyuk.org
- ✓ Australian association of stomal therapy nurses: www.stomaltherapy.com
- ✓ Ostomy Canada society: www.ostomycanada.ca
- ✓ United ostomy associations of America: www.ostomy.org
- ✓ International ostomy association: www.ostomyinternational.org

This handout was written by Professor Pearman and Dr Addington based upon their chapter entitled "Gastroenterological cancers and stomas" (Chapter 4) from Knowles, S.R., Mikocka-Walus, A., & Keefer, L. (2019). Psychogastroenterology with Adults: A Handbook for Mental Health Professionals. Oxon, UK: Routledge Press.

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